

2020 OPA Midyear Meeting Learning Objectives

ACPE #0129-0000-20-087-L01-P

COVID-19: The Impact of the Pandemic on Mental Health

Cory P. Coffey, R.Ph., PharmD, BCACP, BCPP, Clinical Pharmacy Specialist, The Ohio State University General Internal Medicine Clinics; Ambulatory Care Residency Program Director - PGY1 and PGY2, OSU College of Pharmacy

At the completion of this activity, the participant will be able to:

1. discuss the changing landscape in mental health care as a result of the COVID-19 pandemic;
2. recognize and differentiate signs and symptoms of mental health disorders; and
3. review coping mechanisms and resources available to those in need.

ACPE #0129-0000-20-088-L01-P

A Walk Down the Aisle: OTC Products 2020 Review

Zachary Woods, R.Ph., PharmD, Assistant Professor - Practice; and Tyler Norris, 2022 PharmD Candidate; OSU College of Pharmacy

At the completion of this activity, the participant will be able to:

1. identify recent Rx-to-OTC medications;
2. review common community ailments;
3. describe effective use of OTC products; and
4. use OTC product knowledge to make appropriate patient recommendations.

ACPE #0129-0000-20-089-L03-P

Pharmacy Law and Rules Update Fall 2020

Sheri Zapadka, R.Ph., Compliance Specialist, State of Ohio Board of Pharmacy

At the completion of this activity, the participant will be able to:

1. identify recent changes in state and federal laws and rules which impact pharmacy practice;
2. describe the effect of recent changes in laws and rules on his/her specific practice of pharmacy; and
3. review commonly asked questions about existing pharmacy laws and rules.

ACPE #0129-0000-20-090-L01-P

Contraception: Overview and the Role of the Pharmacist

Kelsey Schmuhl, R.Ph., PharmD, Assistant Professor of Clinical Pharmacy, The Ohio State University College of Pharmacy

At the completion of this activity, the participant will be able to:

1. review hormonal regulation of the menstrual cycle;
2. compare efficacy of non-hormonal and hormonal contraceptive methods;
3. discuss combined hormonal contraceptives, progestin-only contraceptives, and long-acting reversible contraceptives including their composition, benefits, side effects, and important counseling points;
4. identify patient-specific factors to consider when choosing a contraceptive method; and
5. recognize the role of the pharmacist in increasing access to contraception.

ACPE #0129-0000-20-091-L05-P

Quality Metrics and Opioid Prescribing: Pharmacists and Prescribers In Partnership for Safe Opioid Use

Connor Bowers, R.Ph., PharmD, Instructor of Pharmacy Practice, CPESN Ohio Resident, Ohio Northern University and Jackson Pharmacy & Wellness Center

At the completion of this activity, the participant will be able to:

1. identify the quality measures being used by health plans surrounding high-dose opioid use or concomitant opioid/benzodiazepine use;
2. describe the data that demonstrate poor outcomes in persons who are prescribed high daily doses of opioid or concomitant opioid/benzodiazepines;
3. identify when to recommend naloxone to a patient at risk for abuse or overdose, and instructional points for its appropriate use;
4. demonstrate how a pain scale should be presented to a patient with chronic pain, and identify key counseling points to educate patients and their families about the use of the scale; and
5. identify strategies to partner with prescribers to reduce opioid risk and promote patient safety.

ACPE #0129-0000-20-092-L05-P

Compounding Errors and Prevention: Best Practices

Matthew J. Buderer, R.Ph., FIACP, Vice President, Director of Research and Development, Buderer Drug Company, Inc.

At the completion of this activity, the participant will be able to:

1. describe the evolution of quality and safety in pharmacy compounding;
2. identify the most common unsafe practices relating to the preparation of compounded medication; and
3. list key factors to consider when developing a safety protocol for your pharmacy.