

2019 OPA Midyear Meeting Learning Objectives

ACPE #0129-0000-19-086-L01-P

Chronic Kidney Disease: Updates and Best Practices

Maria Pruchnicki, PharmD, FCCP, BCPS, BCACP, CLS

Specialty Practice Pharmacist, Cardiac Risk Reduction and Lipid Clinics, Ross Heart Hospital Ambulatory Care Center of The Ohio State University Wexner Medical Center

At the completion of this activity, the participant will be able to:

1. describe the relationship between common cardiovascular risk factors like hypertension and diabetes, with risks for developing chronic kidney disease;
2. review recommendations from the Kidney Disease: Improving Global Outcomes (KDIGO) guidelines regarding assessment of renal function and characterization of chronic kidney disease;
3. discuss updated pharmacotherapy recommendations for managing CKD in early, progressive, and end-stage disease, including strategies to reduce cardiovascular risk and prioritize medication safety; and
4. explore examples and best evidence for integrating pharmacists in multidisciplinary care of patients with kidney disease

ACPE #0129-0000-19-087-L05-P

Don't Sugarcoat It: Types of Insulin Errors and How to Prevent Them

Ana Simonyan, PharmD, PGY-2 Ambulatory Care Pharmacy Resident, OSU

College of Pharmacy/General Internal Medicine; and Shibu Varughese, PharmD,

PGY-2 Ambulatory Care Pharmacy Resident, OSU College of Pharmacy/PrimaryOne Health

At the completion of this activity, the participant will be able to:

1. examine insulin's place in therapy for patients with Type 1 and Type 2 Diabetes Mellitus according to the American Diabetes Association (ADA) and the American Association of Clinical Endocrinologists (AACE) clinical practice guidelines;
2. evaluate the role of insulin as a high-risk medication;
3. categorize the types of errors and risks associated with insulin administration according to the Institute for Safe Medication Practices (ISMP); and
4. illustrate ISMP's safe practice guidelines and strategies to prevent errors associated with insulin use.

ACPE #0129-0000-19-088-L03-P

Pharmacy Law and Rules Update Fall 2019

Jenni Wai, R.Ph., MBA, Chief Pharmacist, State of Ohio Board of Pharmacy

At the completion of this activity, the participant will be able to:

1. identify recent changes in state and federal laws and rules which impact pharmacy practice;
2. describe the effect of recent changes in laws and rules on his/her specific practice of pharmacy; and
3. review commonly asked questions about existing pharmacy laws and rules.

ACPE #0129-0000-19-089-L04-P

Innovating Pharmacist Practice: Provider Status and Value-Based Reimbursement

Nick Trego, PharmD, R.Ph.,

Associate VP, Pharmacy, Ohio Market, CareSource

At the completion of this activity, the participant will be able to:

1. discuss plans for innovating the current pharmacy payment model;
2. identify the outcomes that pharmacists can directly impact in their practice setting;
3. explain the application of Value Based Reimbursement to pharmacists; and
4. describe the synthesis of pharmacist provider status services and payments.

ACPE #0129-0000-19-090-L01-P

Rethinking Aspirin for the Primary Prevention of Cardiovascular Disease: What Does the Evidence Say?

Emily Eddy, PharmD, BCACP, Assistant Professor of Pharmacy Practice, Ohio Northern University

At the completion of this activity, the participant will be able to:

1. describe the mechanism of action of aspirin and role in primary prevention;
2. compare current guideline recommendations regarding aspirin for primary prevention; and
3. apply recent data and guideline recommendations to make aspirin therapy recommendations for patient case scenarios.

ACPE #0129-0000-19-091-L04-P

Beating Burnout

Kristine Mason, PharmD, MS, Assistant Professor, OSU College of Pharmacy and Director of Practice Advancement, Ohio Pharmacists Association

At the completion of this activity, the participant will be able to:

1. describe burnout syndrome including symptoms and risk factors;
2. identify the impact of burnout syndrome on pharmacists and patients; and
3. demonstrate strategies used to prevent and cope with burnout syndrome using case-based activities.

ACPE #0129-0000-19-092-L05-P

Forming a Partnership with Physicians to Improve Opioid Prescribing and Reduce Patient Risk

Katie Westgerdes, PharmD, Manager, ONU HealthWise Pharmacy

At the completion of this activity, the participant will be able to:

1. discuss talking points to engage physicians and other prescribers in a partnership to reduce the risk of high-dose opioid use or concomitant opioid/benzodiazepine use;
2. identify when to recommend naloxone to a patient at risk for abuse or overdose, and instructional points for its appropriate use;
3. interpret Ohio limits on prescribing opiates for acute pain, long-term pain, and subacute pain, for both physicians and pharmacists; and
4. design workflow processes to implement enhanced services in a pharmacy to ensure safe opioid use in acute and chronic pain patients.