

New Practitioner Experience

Welcome to NP Life at OPA

Saturday • February 9, 2019



Ohio Pharmacists Association • 2674 Federated Blvd. • Columbus, Ohio 43235

The New Practitioner Experience (NPX) invites you to attend the first ever NPX event at the OPA office. NPX is an automatic and free OPA member benefit for pharmacists who have been in practice for 7 years or less. *Welcome to NP Life at OPA* includes two (2) hours of personal finance programming and two (2) contact hours of ACPE-accredited CPE on conflict management and expanding your network. The goal of this event is to enhance managerial skills and networking of new practitioners to help them grow personally and professionally. The program will be followed by a networking social. Space is limited. *Register now!*

Program Schedule

12:00 p.m. Welcome and Lunch
12:30 p.m. *Student Loan Payoff*
1:30 p.m. *Investing for the Future*
2:30 p.m. Break
2:45 p.m. *Conflict Management*
3:45 p.m. *Networking*
4:45 p.m. Closing Remarks
5:00 p.m. Networking Social

To receive continuing education credit, you must attend the entire session, actively participate, complete the CPE form indicating sessions attended, and provide your NABP e-Profile ID number and birthdate on the form. Sign, date, and return the form to the OPF staff, or to the OPF office **within 30 days of the program**. Your CPE credit will be uploaded to the CPE Monitor where CPE statements of credit can be printed. Disclosure of faculty and commercial support relationships will be made known at the activity.

This program is intended for pharmacists who have been in practice for 7 years or less, in all practice settings.

The Ohio Pharmacists Foundation Inc. is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.



Program Descriptions

Determine Your Best Student Loan Payoff Strategy

Timothy R. Ulbrich, PharmD, Clinical Professor of Pharmacy and Program Director, Master of Science in Pharmaceutical Science MS – Health-System Pharmacy Administration, OSU College of Pharmacy; Founder, Your Financial Pharmacist

Once graduation hits and the grace period comes to an end, it can feel overwhelming to navigate the loan repayment options available and strategies to choose the 'best' payoff plan. This session will walk you through the various loan payoff strategies and help you determine whether or not you have the best payoff strategy in place.

(No CPE credit for this session)

Building a Strong Financial Foundation: Investing for the Future

Timothy R. Ulbrich, PharmD, Clinical Professor of Pharmacy and Program Director, Master of Science in Pharmaceutical Science MS – Health-System Pharmacy Administration, OSU College of Pharmacy; Founder, Your Financial Pharmacist

401(k), Roth IRA, mutual fund, bonds, ETFs, asset allocation, rebalancing, expense ratios...what does all this investment lingo even mean? Knowing that developing a long-term investing plan can feel overwhelming and confusing, this session will help simplify the topic of investing in a way that is easy to understand and apply to your personal situation.

(No CPE credit for this session)

The Art of Conflict Management

Lauren Castle, PharmD, MS, Walmart Market Health and Wellness Director

Pharmacists are inherently placed in positions of management or leadership by the nature of their role as a decision maker in any pharmacy practice setting, and yet little time is devoted in college curricula or on the job training for pharmacists to learn communication skills or conflict management techniques.

At the completion of this activity, the participant will be able to:

1. describe the five common styles of conflict management;
2. utilize three popular tools for conflict management, including *Fierce Conversations*, *Crucial Conversations*, and *SBI Model*; and
3. apply the styles and tools in various pharmacy workplace examples.

ACPE #0129-0000-19-017-L04-P • 0.1 CEU *Application-based Activity*

Your Network = Your Net Worth

Jaelyn Boyle, PharmD, MS, MBA, BCACP, BCPS, Clinical Pharmacy Specialist, University Hospitals Portage Medical Center

Successful professionals know that it's all about networking and the best jobs are not advertised. This session will explore ways to create valuable connections that will benefit your career and help you take steps to expand your network. Find out how building your LinkedIn network can help increase your net worth.

At the completion of this activity, the participant will be able to:

1. discuss three ways to create valuable connections that will benefit your career;
2. apply information learned about LinkedIn to update profile information and request recommendations; and
3. list one action step that you will utilize going forward to expand your network.

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Registration Form

Name _____ Nickname for Badge _____

NABP e-Profile ID _____ Birthdate (MMDD format) _____

Address _____

City _____ State _____ Zip _____

Place of Employment _____

Mobile Phone (_____) _____

Email _____

If physically impaired or have dietary allergies, please specify _____

Registration Fee:

OPA Members \$35
Non-members \$65

(Registration fee includes lunch and CPE.)

Register Online at www.ohiopharmacists.org

Or **check payable to:** *Ohio Pharmacists Foundation*

Mail to: Ohio Pharmacists Foundation
 2674 Federated Blvd.
 Columbus, OH 43235

Or **Fax** with credit card information:
 614.389.4582

Request for refunds, less \$15 administrative fee,
will be honored if received by 2/1/2019.

For more information, call OPF at 614.389.3236.

Credit Card Information:

MasterCard VISA AMX

Account No. _____

Exp _____ Security Code _____

Name on Card _____

Billing Address _____

(if different from registration form)

City _____

State/Zip _____